

Fluoride Chatter: Important Information from Research Scientists

Beware of fraud in science! Below is a listing of some reliable sources to find information on fluoride and its benefits!

Quackwatch.com

<http://www.quackwatch.com/03HealthPromotion/fluoride.html>

Centers for Disease Control and Prevention (CDC)

<http://www.cdc.gov/fluoridation/benefits.htm>

The American Dental Association (ADA)

<http://www.ada.org/fluoride.aspx>

FluorideWorks.org

<http://fluorideworks.org/benefits/>

NY University College of Dentistry

http://www.nypartnersinoralhealth.com/tableofcontents/benefits_fluoride.html

WebMD

<http://www.webmd.com/oral-health/guide/fluoride-treatment>

The Fluoride Information Network

<http://fluorideinfo.org/>

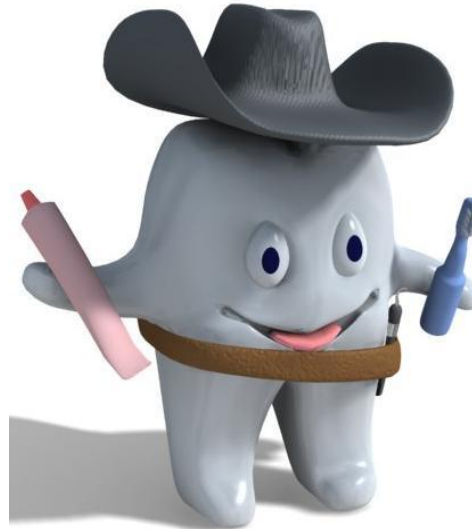
Need More Information?

**Rhode Island Department of Health
Water Resources Board**

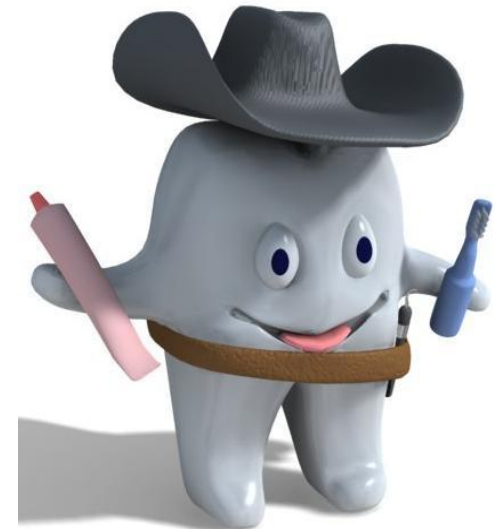
Phone: (401) 222-5960

Email: erin.walsh@health.ri.gov

<http://www.health.ri.gov/healthyliving/oralhealth/about/fluoridation/>



The Mighty Tooth Talks About Fluoride



**A Message for
Moms and Dads**





Looking for a Dentist?

Dentist Finder

(via MouthHealthy.com)

[http://www.mouthhealthy.org/
find-a-dentist.aspx](http://www.mouthhealthy.org/find-a-dentist.aspx)

Need Low-Cost or Free Dental Care?

Community College of RI Low-Cost Dental Clinic

<http://www.ccri.edu/dental/clinic>

Free Dental Care Finder

[http://www.1dental.com/free-
dental/](http://www.1dental.com/free-dental/)

Colgate Bright Smiles, Bright Futures Campaign

<http://www.colgate.com/app/BrightSmilesBrightFutures/US/EN/HomePage.cvsp>

Did You Know...

That bottled water goes through the same processing as tap water, but often has additional chemical additives to raise the very low pH to potable levels?

That bottled water and private well water is not mandated to be tested for mineral content, and may have fluoride levels as high as 7.0 milligrams per liter? That's almost twice the Recommended Daily Amount (RDA)!

That the plastic bottles that hold spring water may contain bisphenol-A (BPA) and phthalates? The CDC has listed these chemicals as "possible carcinogens", while BPA has been proven to cause thyroid problems in adults as well as children.

Why Municipal Tap Water Is Best!

Fluoridated municipal tap water is the safest form of water you can get! It is filtered of bacteria, purified of heavy metals, and its additives – such as chlorine and fluoride – are regulated by Federal, State, and Local municipalities, which are non-profit government entities charged with protecting the public health!

Fluoridated water gives children and adults a powerful tool in the fight against gum disease and tooth decay, and it only costs about 50-cents per person/per year – compare that to the average cost of filling a cavity!